



King County

Mental Health, Chemical Abuse and Dependency Services Division

Department of
Community and Human Services

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KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE ADMINISTRATIVE BOARD (KCASAAB) MEETING February 5, 2015

KCASAAB Members Present: Elizabeth Andrews, Joan Clement, Lauren Davis, Pat Godfrey, Therese Grant

KCASAAB Members Absent: Roger Goodman (excused), Brian Knight, Mary Ann LaFazia

Guests Present: Pat Knox (Recovery Centers of King County), Ardi Bury (RCKC), and Peggy Papsdorf (Pioneer Human Services)

Mental Health, Chemical Abuse and Dependency Services Division (MHCADSD) Staff Present: Dan Floyd, Andrea LaFazia, Mary Paterson

The meeting was held at Chinook Building, 401 5th Avenue, Seattle, conference room 123.

I. Welcome and Introductions

Pat welcomed everyone to the meeting, which will begin with a special tribute to Pat Knox of RCKC (cake!).

II. Approval of Minutes

The minutes for January 2015 were approved by all voting members present.

III. Honor Pat Knox

Pat was honored for her 12 years as CEO of RCKC, including 5 years as head of detox. She collaborated in research, teaching, and clinical trials, and she was a leader in the state for using television and other media. She organized the relocation of RCKC from First Hill to Beacon Hill. In accepting the plaque of appreciation presented to her (with flowers and cake!), Pat spoke about the special relationships she developed with people in the Swinomish Reservation Sheltered Bay Community in LeConnor, and in particular with Becky Larson of the Quinault Nation. Becky, whose mother died on the streets of

Seattle where she had lived from the age of 16 when she gave birth to Becky, was not able to access her mother's birth records years later, after the death of her mother. Pat herself was able to access her own adoption records and spoke of the need for people in recovery to be able to connect with their tribes by accessing their parents' birth records. Pat also spoke about the new graphic novel/comic book created by Paul Steinbrunner, who is also working on one now about marijuana. The VA and Army have purchased the comic book.

IV. Policy Surveillance Findings for Marijuana Ordinances ~ Laura Hitchcock

Laura Hitchcock coordinates the inter-branch team for cannabis legalization and gives national presentations on Washington state legislation. The Robert Wood Johnson Foundation funded a study of what local governments will do in respect to the new statewide legalization, including policy changes and correlations with public health and other outcomes. The PowerPoint, based on the work that Washington State is doing, is geared for other states considering legalization.

1. How should states think about cannabis? Like fine wine? As economic development? Agriculture? Impact on energy use? As an edible to be regulated with food-safety handling rules? As "medibles" (current products: chicken chow mein, lasagna, etc.)
2. Policy Surveys:
 - Multivariable elements of policies
 - Monitor and update policy records over time
 - Look for best practices for code book of policies being developed
 - Open data can assist enforcement and implementation
 - Goal is not to overregulate or underregulate but to "thread the needle"
 - An earlier study of tobacco produced three data sets: colleges and universities, 39 cities, and 19 school districts whose policies were coded.
3. A Washington state grant funded a study of 39 counties, 141 cities with populations over 3,000, and youth access to cannabis. Once two more ordinances have been coded, an online portal to the results of the study – the codebook – will be launched.

Q& A:

Zoning: Washington state Attorney General Ferguson decided that the state cannot preempt local decisions, and most local actions are being taken in response to zoning: some jurisdictions do a lot of zoning, others not. One of the PowerPoint slides showed "Volume" and "Types" of zoning ordinances, including moratoriums, bans, and zoning restrictions on size, proximity to (and setbacks from) other establishments and from youth places, and density. Size is what is regulated by most ordinances. Currently, there are no zoning restrictions on medical cannabis in Washington State.

Map: Laura demonstrated the map-tool for looking up information regarding ordinances. The King County part of the map will definitely be updated over time. Although the map doesn't include information about enforcement, it will allow others to see what can be enforced.

85 Questions: Laura requested people to look at the 85 questions and circle the ones that would be of most concern with people.

Strategy for disseminating the codebook discussed: Target audience could include Substance Abuse and Alcohol groups, Violence Prevention organizations, community groups, Department of Behavioral Health and Recovery, Washington Institute for Public Policy, Alcohol and Drug Abuse Institute.

V. Prevention Budget Update ~ Andrea LaFazia-Geraghty

Prevention has three funding streams: Substance Abuse Prevention Treatment block grant (from SAMHSA via DBHR to MHCADSD-contracted providers), Mental Illness and Drug Dependency (MIDD) 1% sales tax money, and Screening, Brief Intervention, and Referral to Treatment (SBIRT) grant money from SAMHSA. The block grant is managed by two MHCADSD staff people, Laura Quinn and Jackie Berganio, who monitor four contracts based on the Community Prevention Wellness Initiative (CPWI), which is only a few years old. MIDD funds, managed by Cheryl Goluch, pay for suicide prevention trainings at 11 provider agencies, including a number of schools.

Q&A

Providers use the same model to provide Chemical Dependency Professionals (CDP) or Mental Health Professionals (MHP) services in school settings, using screening and assessment, the Global Appraisal of Individual Needs (GAIN), and prevention services. Each school may have different additional programs (Lifeskills, Guiding Good Choices), depending on their needs. They combine best practices with innovation practices.

Programs based on MIDD strategies have been using performance-based measures: contracts are written to comply with MIDD evaluation and collection plans, MIDD money purchases FTEs, and providers agree to meet certain targets, outputs, and outcomes. Most providers are meeting these performance targets, and when they are not, MHCADSD can work with the provider.

The County used to fund many programs in many schools but now focuses on fewer schools and uses the specific "coalition" model of the CPWI. The County used to have discretion on how to spend the prevention dollars, but now the "coalitions" have many more standardized data requirements, and funding decisions are not entirely community based in the current coalition model. Andrea will ask to see outcomes data for how well youth are doing in the current CPWI model of prevention services. The Healthy Youth Survey has data that would need to be interpreted.

The Department of Health also has school-based health centers.

Dan will ask Brad if we are asking the legislature for more prevention money.

VI. A/D Coordinator's Report ~ Dan Floyd for Brad Finegood

Recovery High Schools: two students are enrolled at the Interagency RHS on Queen Anne, and five are enrolled at the Kent Phoenix Academy. A webinar on Monday, February 9, 2-3pm, will help with recruitment statewide.

The Parent-Child Assistance Program can have an enrollment up to 21; childcare is not yet provided.

Q&A

Despite a massive need for the RHSs, not many kids are enrolled yet in the two King County schools. There is a need for messaging. Residential youth treatment providers, for example, need to know about the RHS. And the message needs to get to pre-treatment communities. The RHSs need to be on the King County website and need to be linked to any "Recovery High School" search on the web. Parents need to know about RHSs.

VII. Integration

SBIRT is at five Seattle Public Schools where it is being used in connection with truancy cases. Geoff Miller and Margaret Soukup will be getting more information at a conference in Portland.

VIII. Legislative Update

Senators Cantwell and Murray both signed on to Durkin's letter. SB5494 and HB 1598 regarding raising the age to 21 for purchasing tobacco products have sponsors and co-sponsors; we need to spread the word to the recovery community to look at the science that supports raising the age to 21. The elephant in the room are the 480,000 deaths per year from tobacco use and the high financial cost of fighting tobacco-related illness. This is a bipartisan issue but the Senate will be a particular challenge. If it passes the House, when it flips to the Senate it may land in the Health Committee chaired by Linda Paulette (Republican from Wenatchee), who is a supporter. Pat and Dan will send out a list of the Commerce Community members, which is easy to find online, whom Board members could call, emphasizing the financial cost of tobacco-related disease.

We have also been asked to weigh in on the cigar lounge bill, which would legalize cigar/smoking lounges.

Lauren reported on HB 1713, the involuntary chemical dependency treatment bill sponsored by Representatives Cody and Harris, which was heard on Tuesday. Lauren and a friend of hers gave testimony, as did Jim Vollendroff. All 13 people who testified were in favor of the bill. The bill weaves CD ITA into MH ITA. The fiscal note for secure detox and court costs is to come. A Valley Cities Counseling and Consultation site is being developed and could include secure detox.

IX. Retreat Planning

May 7, 4-7pm, is a better for participants present than June 11. We will ask Brian Knight and Mary LaFazia about their availability.

X. New Business

None.

XI. ADJOURNMENT

Adjourn 1 p.m.

Prepared by:
Mary Paterson
Recording Secretary

Attested by:
Pat Godfrey
Board Chair

FINAL